

The Spoken Blessing – Fridge Copy

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The Biblical Seasons of Blessing:

Womb ~ Birth ~ Infancy ~ Childhood¹

Adolescence

Marriage

Old Age²

The Blessing Opportunities:

(These are general recommendations; most important is to ask Jesus' for your family.³)

Remember the 4 W's: Wake-up - Walk - With Food - Wink.⁴

As they depart the house for school, play, any coming-in or going-out.

Meals are Vital

On the Road

Bedtime

Unique 'Holy' Seasons:

Watch for spontaneous moments to affirm, bless, and declare 'HOLY' over critical moments like:
Firsts – first day of school, Holy Days (Holidays), first accomplishments . . . no such thing as too much!
Births, Unique Events, Family Traditions, Moments that can't be repeated . . .

The Presence, Position, Proximity Factor:

Place yourself in a humbled position near them.

Make eye contact and even hold their head in your hands.

Your loving, accepting heart and body positioning will open spiritual doors to their heart.

Physical touch has spiritual impact. You release much through the laying on of hands.

Words that Give Worth:

Speak Words that Communicate Value to Them.

We are valuable because we are created by and loved by God.

Bless their:

Relationships with Jesus & Others, Health, Mind, Future Spouse, Children, Finances, Body, etc . . .⁵

Release that which rested on Jesus:

The Spirit of the LORD, Wisdom, Understanding, Counsel, Power, Knowledge, and The Fear of the LORD.⁶

Emphasize Wisdom.⁷

¹ *These four seasons are exponentially the most valuable!* The cement is wet. We are setting the child's identity and world-view.

² The idea of a 'eulogy' is a blessing meant for a person in the sunset of their life to hear our words of blessing to them . . . before they die.

³ Ephesians 1:17 - "I keep on asking the God of our Lord Jesus Christ, the glorious Father to give you the Spirit of Wisdom and revelation so that you might know Him."

⁴ Deut. 6:7 - "Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up."

⁵ See all of Deuteronomy 28.

⁶ Isaiah 11:2 - "The Spirit of the LORD will rest upon Him. The Spirit of Wisdom and of Understanding, The Spirit of Counsel and of Power, The Spirit of Knowledge, and of the Fear of the LORD; and He will delight in the Fear of the LORD."

⁷ Luke 2:40 - "And the child grew and became strong and was filled with Wisdom." Luke 2:52 - "And Jesus grew in Wisdom, stature, and favor with God and with man."