

# The Spoken Blessing

By Brett D. Costigan

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***One of the primary roles of a parent is to speak, and therefore release,  
'The Blessing' over their children<sup>1</sup>.***

What is the value of a child? It is a wonder that the Lord entrusts us with this most precious of treasures when we are young, full of zeal, ambition for life, yet lacking in the Wisdom to perceive the true value of life, and the power of words. Here is a simple-yet-broad brush stroke; history has shown that over time we move toward self-centeredness. When this happens, the love of pleasure increases the value of human life decreases. Without intention, God-love decreases and our willingness to give ourselves to that which matters also decreases; namely, our children. This has proven to lead cultures toward destruction from generation to generation. Without a concerted effort being passed from one generation to the next, we naturally place less and less value on that which is of the most value in this age, and forget to build with eyes on the next generation, and the age to come.

***The Spoken Blessing is one of heaven's strategies to combat our natural tendency toward generational destruction.***

The Spirit of Wisdom will help us recognize these tendencies, and we will change the position of our heart and our words in response to this revelation. It is then that we begin to release this 'value' towards the living with our words. If you want to increase your hearts revelation of this, try beginning to speak a blessing over your children (and others), and you will note a change both in yourself and in those you bless. For in the tongue is the power of life and death.<sup>2</sup> Soon your mouth will release what is in your heart.<sup>3</sup>

Each one of us comes into the earth with a purpose to fulfill.<sup>4</sup> This purpose-filled assignment is a destiny to be fulfilled.<sup>5</sup> Being that life is short as a vapor and like grass that fades<sup>6</sup>, it is easy to miss our purpose and also lose the ability to help others obtain theirs. The goal of the Enemy is to keep us distracted just long enough to miss our opportunity and our role to set the forms for the next generation to succeed while their 'cement is wet', so to speak. Busy with the cares, worries, riches, and temporary pleasures that can fill our heart and time, we naturally see children as a momentary distraction while we are focusing on the many things that SEEM more important. Most of us have the thought in the back of our mind that, once things get settled, then I'll have time for my family and God's Family. Yet typically, by the time we arrive at 'settled', so too have things been settled in the hearts of our children regarding their identity, and they typically have an estimation of their value that does not match the value they truly have in the Lord's eyes - the cement has begun to set for their view of life, family, and The Family of God.

This can be avoided if we humble ourselves and ask the LORD specifically for the Spirit of Wisdom. Within Wisdom dwells a revelation the value of time<sup>7</sup>, and of generational impartation that builds with Heaven's Wisdom instead of destroying it with the wisdom of the age.<sup>8</sup> When we have this revelation as the people of God, we then thrive from generation to generation, both in our families, and as His family. As we release The Blessing with our words, we are literally causing the next generation to be empowered to prosper, ***literally!***<sup>9</sup> As with much of Wisdom's message, the Hebrew culture carries our example.<sup>10</sup> They value their children because they see time for what it is, fleeting and priceless. They see the perpetuation of their nation, ethnicity, and spiritual identity as being only a generation away from destruction. We too can have this revelation of the value of time, if we GET Wisdom<sup>11</sup>. As the Hebrew culture, in accordance with God's law<sup>12</sup>, observe these family impartation moments weekly in their Sabbath, we might also sprinkle our lives with moments, both daily, and throughout our life's journey that are heaven-scheduled moments to release The Blessing. On the other side of this paper are some 'when and how' to release ***The Blessing***. The format is one that can be posted on the fridge or kept for quick reference. Wisdom sets us up for success, making her ways available within the natural flow of life. So too will this tool out of ***Wisdom's Tool Box*** give you and your family the opportunity to succeed in the flow of life.

<sup>1</sup> Matthew 3:17 - "And a voice from heaven said, "This is my Son, whom I love; with him I am well pleased."

<sup>2</sup> Proverbs 18:21 - "The tongue has the power of life and death, and those who love it will eat its fruit."

<sup>3</sup> Matthew 12:34 - "... For out of the overflow of the heart the mouth speaks."

<sup>4</sup> Eph. 2:10 - "For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do."

<sup>5</sup> Psalm 139:16 - "... All the days ordained for me were written in your book before one of them came to be."

<sup>6</sup> Isaiah 40:6 - "... All men are like grass, and all their glory is like the flowers of the field. James 4:14 - "Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes."

<sup>7</sup> Psalm 90:12 - "Teach us to number our days aright, that we may gain a heart of wisdom." Ephesians 5:15 - "Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity (redeeming the time), because the days are evil."

<sup>8</sup> Proverbs 9:1 - "Wisdom has built (build the family name; obtain children) her house (family name; blood-line.)" *Parenthesis added.*

<sup>9</sup> Deuteronomy 28:13 - "The LORD will make you the head, not the tail. If you pay attention to the commands of the LORD your God that I give you this day and carefully follow them, you will always be at the top, never at the bottom."

<sup>10</sup> Deut. 30:19 - "This day I call heaven and earth as witnesses against you that I have set before you life and death, blessings and curses."

Now choose life, so that you and your children may live and that you may love the LORD your God, listen to his voice, hold fast to him."

<sup>11</sup> Proverbs 4:7 - "Wisdom is supreme; therefore get wisdom. Though it cost all you have, get understanding."

<sup>12</sup> Deut. 28:2 - "All these blessings will come upon you and accompany you if you obey the LORD your God: . . ."

# The Spoken Blessing<sup>13</sup> – Fridge Copy

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## The Biblical Seasons of Blessing:

Womb ~ Birth ~ Infancy ~ Childhood<sup>14</sup>

Adolescence

Marriage

Old Age<sup>15</sup>

## The Blessing Opportunities:

(These are general recommendations; most important is to ask Jesus' for your family.<sup>16</sup>)

**Remember the 4 W's: Wake-up - Walk - With Food - Wink.<sup>17</sup>**

As they depart the house for school, play, any coming-in or going-out.

Meals are Vital

On the Road

Bedtime

## Unique 'Holy' Seasons:

Watch for spontaneous moments to affirm, bless, and declare 'HOLY' over critical moments like:

Firsts – first day of school, Holy Days (Holidays), first accomplishments . . . no such thing as too much!

Births, Unique Events, Family Traditions, Moments that can't be repeated . . .

## The Presence, Position, Proximity Factor:

Place yourself in a humbled position near them.

Make eye contact and even hold their head in your hands.

Your loving, accepting heart and body positioning will open spiritual doors to their heart.

Physical touch has spiritual impact. You release much through the laying on of hands.

## Words that Give Worth:

Speak Words that Communicate Value to Them.

We are valuable because we are created by and loved by God.

Bless their:

Relationships with Jesus & Others, Health, Mind, Future Spouse, Children, Finances, Body, etc . . .<sup>18</sup>

Release that which rested on Jesus:

The Spirit of the LORD, Wisdom, Understanding, Counsel, Power, Knowledge, and The Fear of the LORD.<sup>19</sup>

Emphasize Wisdom.<sup>20</sup>

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<sup>13</sup> Portions of "The Spoken Blessing" from Craig Hill; Family Foundations International.

<sup>14</sup> **These four seasons are exponentially the most valuable!** The cement is wet. We are setting the child's identity and world-view.

<sup>15</sup> The idea of a 'eulogy' is a blessing meant for a person in the sunset of their life to hear our words of blessing to them . . . before they die.

<sup>16</sup> Ephesians 1:17 – "I keep on asking the God of our Lord Jesus Christ, the glorious Father to give you the Spirit of Wisdom and revelation so that you might know Him."

<sup>17</sup> Deut. 6:7 – "Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up."

<sup>18</sup> See all of Deuteronomy 28.

<sup>19</sup> Isaiah 11:2 – "The Spirit of the LORD will rest upon Him. The Spirit of Wisdom and of Understanding, The Spirit of Counsel and of Power, The Spirit of Knowledge, and of the Fear of the LORD; and He will delight in the Fear of the LORD."

<sup>20</sup> Luke 2:40 – "And the child grew and became strong and was filled with Wisdom." Luke 2:52 – "And Jesus grew in Wisdom, stature, and favor with God and with man."